

**Contact:**

Major Dental Clinics  
Phone: (773) 777-1111  
Fax: (773) 777-0730

1030 W Higgins Rd, Suite 260  
Park Ridge, IL 60068  
www.majordentalclinics.com



# FILLINGS

## Post-Operative Instructions

When anesthetic has been used, your lips, teeth, and tongue may be numb for several hours after the appointment. Avoid any chewing until the numbness has completely worn off. Once the numbness has completely worn off, you may chew right away on tooth-color fillings since they set completely on the day of your appointment.

### YOU WILL EXPERIENCE:

1. Hot, cold sensitivity. The sensitivity may last for up to 8 weeks and will be decreasing over time.
2. Pressure sensitivity. The sensitivity may last for up to 8 weeks and will be decreasing over time.
3. Tooth surface that may be of different smoothness when compared to other teeth. The tooth surface will become as smooth as other teeth within few weeks as you brush and chew.
4. Gums may be sore for several days.
5. Soreness in the area of anesthetic injections.

### PLEASE CONTACT OUR OFFICE IF:

1. Your bite is uneven or high.
  - a. You may require a bite adjustment on a different day when the anesthetic wears off.
2. Your sensitivity does not go away within 6 weeks.
3. You experience spontaneous pain for longer than 30min or pain that wakes you up at night.

**Any other questions or concerns, please call our office.**

**Contact:**

Major Dental Clinics  
Phone: (773) 777-1111  
Fax: (773) 777-0730

1030 W Higgins Rd, Suite 230  
Park Ridge, IL 60068  
majordentalclinics.com